25-27 October 2018

1st Hip Preservation Symposium

in Chania - Crete - GREECE

A unique meeting combining
Paediatric and Adult Hip Surgeons!

"Analysing the way to a Healthy Hip Joint from infancy to mid adulthood"

A highly aclaimed international faculty
sharing their knowledge and experience
in hip preservation!



INTERNATIONAL SOCIETY FOR HIP ARTHROSCOPY

SHARRARD SOCIETY SHEFFIELD



Under the auspices of:

MUNICIPALITY OF CHANIA

KEPPEDIH-CAM

GENERAL HOSPITAL OF CHANIA, Orthopaedic Department

HELLENIC ASSOCIATION OF ORTHOPAEDIC SURGERY & TRAUMATOLOGY: Division Of Paediatric Orthopaedics

INTERNATIONAL SOCIETY FOR HIP ARTHROSCOPY

SHARRARD SOCIETY OF SHEFFIELD CHILDREN'S HOSPITAL

Course Convenors

Dr Babis Konstantoulakis MD

Consultant Orthopaedic Surgeon,

Chania General Hospital, Chania, GR,

babiskonstantoulakis@gmail.com

Dr Thanos Papavasileiou MD, PhD

Consultant Orthopaedic Surgeon,

Interbalkan Hospital, Thessaloniki, GR,

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Mr Sanjeev Madan FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon,

Sheffield Children's Hospital, Sheffield, UK,

sanjeev.madan@sch.nhs.uk

WELCOME LETTER

Dear Friends,

On behalf of the Greek Paediatric Orthopaedic Society, Sheffield Children's Hospital's Sharrard Society and the Local Organizing Committee we are honored to welcome you to the 1st Hip Preservation Symposium, an international meeting which will be held in Chania, Crete, Greece.

Chania and the historical Center of Mediterranean Architecture is the same venue used for the very successful international meeting held by Sharrard Society of Sheffield Children's Hospital in October 2015.

The goal of the meeting is to take us a step further by combining the expertise of Paediatric Orthopaedic Surgeons and Adult Orthopaedic Surgeons.

It is a unique opportunity to exchange ideas and experiences regarding the treatment of hip joint pathologies, from birth to mid adulthood. Thus, we can follow the progression of the problem from the beginning to the end. It is a perfect chance to listen and discuss and interact with world-renowned experts in this field both from Greece and rest of Europe.

So, we await you in Chania, a city of stunning beauty with the old Venetian harbor, a true gem of architecture. A very special region of the world, with a unique mixture of ancient and modern history.

Join us in Chania in October 2018!

Dr. Babis Konstantoulakis MD, Local Host

Consultant Orthopaedic Surgeon, Chania General Hospital, GR.

President elect of the Greek Paediatric Orthopaedic Society (2019-2020).

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ΟΜΙΛΟΣ ΙΑΤΡΙΚΟΥ ΑΘΗΝΩΝ

National Faculty (Greece):

Professor George Babis, National & Kapodistrian University of Athens

Prof Babis is Professor and Chairman, 2nd Orthopaedic Department, National and Kapodistrian University of Athens. A world known specialist in developmental hip disease and its adult treatment. His special interests are arthroplasties of lower limb joints as well as pelvic trauma and reconstruction.

Professor Spiros Pnevmatikos, National & Kapodistrian University of Athens

Prof Pnevmatikos is Professor and Chairman of the 3rd Orthopadic Department of National and Kapodistrian University of Athens. With an academic career for many years in USA, he has a great interest in Basic Science, Reconstructive surgery and Spine Surgery.

Professor Apostolos Karantanas, University of Crete, Herakleion

Prof Karantanas is Professor of diagnostic radiology in University Hospital of Crete, in Herakleion, a world known expert in Musculoskeletal Radiology and past president of the European Radiology Society.

Ass. Prof. Theo Tosounidis, University of Crete, Herakleion

Prof Tosounidis is a Consultant Orthopaedic Surgeon in Herakleion University Hospital of Crete and formerly in Leeds Royal Infirmary. His special interests are Pelvic reconstruction, Hip reconstruction and Hip and Pelvis Trauma

Dr John Anastasopoulos, "Agia Sophia" Children's Hospital of Athens

Dr. Anastasopoulos is head of PaediatricOrthopaedics and Medical Services in Aghia Sofia Children's Hospital in Athens. With an extensive clinical work in all fields of PaediatricOrthopaedics, his main interest is Hip problems, Limb Reconstruction and CTEV.

Dr Alkiviadis (Alkis) Kallivokas, "G. Gennimatas", Teaching Hospital, Thessaloniki

Dr Kallivokas is a Consultant Orthopaedic Surgeon in Gennimatas Teaching Hospital of Thessaloniki (2nd University Dept). His special interest is Hip preservation Surgery

Dr Charalampos (Babis) Konstantoulakis, Chania General Hospital

Dr Konstantoulakis is a Consultant Orthopaedic Surgeon, in Chania General Hospital. Former Fellow of Sheffield Children's Hospital in UK. His special interest isPaediatricOrthopaedics and Hip Reconstruction Surgery.

Dr Theodosis (Sakis) Koukoubis, Interbalkan Hospital, Thessaloniki

Dr Koukoubis is a Consultant Orthopaedic Surgeon in Interbalkan Medical Center of Thessaloniki. His special Interest is Hip and Knee Reconstruction Surgery

Dr Dimitris Metaxiotis, "Papageorgiou" University Hospital, Thessaloniki

Dr Metaxiotis is a Consultant Orthopaedic Surgeon of Papageorgiou Teaching Hospital, Thessaloniki. His special interest is Paediatric Orthopaedics and especially Cerebral Palsy and Foot Deformities.

Dr Athanasios (Thanos) Papavasiliou, InterBalkan Medical Center, Thessaloniki

Dr Papavasiliou is a Consultant Orthopaedic Surgeon, in Interbalkan Hospital, Of Thessaloniki. He is a keen Hip Arthroscopist and Hip Reconstruction Surgeon, the leading Hip Arthroscopist in Greece.

Despoina Proimaki, Physiotherapist, Chania General Hospital

Mrs Proimaki is the head of Physiotherapy Unit in Chania Gen. Hospital, a Manual Therapist and Sports Injury specialist.

George Rogdakis, Sports Physiotherapist, Private Practice, Thessaloniki

Mr Rogdakis is a Manual Therapist and Sports Injury Therapist in Thessaloniki (private sector)

International Faculty:

Professor Richard Villar, London, UK

Prof Villar, is a Founding Member, and first President, of the International Society for Hip Arthroscopy (ISHA). He has a special interest in conservative hip surgery and now has one of the largest experiences of hip arthroscopic procedures in the world. He has served as a member of Council of the British Orthopaedic Association, and his practice is in London, but still operates and teaches around the globe.

Professor Rohan Rajan, Derby, UK

Rohan Rajan is Professor of Orthopaedics at Derby University, UK and The National University of Malaysia. He is a full time Orthopaedic Consultant at the Royal Derby Hospital. He is the Lead Clinician running the gait laboratory and Lead Clinician in PaediatricOrthopaedics.

Dr Nicolas Bonin, Lyon, France

Dr. Nicolas Bonin is a prominent member in numerous national (SOFCOT, SFA, SFHG) and international (ESSKA, ISAKOS, ISHA) scientific societies. He was the first president of the ESSKA hip committee. He is the head of hip arthroscopy and minimal invasive surgery at LYON ORTHO-CLINIC.

Mr John O'Hara, Birmingham, UK

Mr John O'Hara is an accomplished Hip Surgeon from Birmingham, UK. He has extensive experience in pelvic and femoral osteotomies, hip resurfacing, total hip arthroplasty and hip preservation surgery.

Mr Nikhil Shah, Wrightington, UK

Mr Shah is practicing as NHS consultant at Wrightington Wigan and Leigh NHS Foundation Trust and in Manchester. He has a special interest in lower limb surgery, particularly patients with hip, knee and pelvic-acetabular problems. He concentrates on hip and knee replacements for arthritis and other problems such as post trauma, previous surgery, deformity, failed implants, both in the young and elderly patients.

Mr Marcos Katchubrian, Maidstone and Tunbridge Wells, UK

Mr Marcos Katchburian is a Consultant in Trauma and Orthopaedics at Maidstone and Tunbridge Wells NHS Trust. Clinical Lead in PaediatricOrthopaedics, his elective practice is focused on paediatric orthopaedics and hand surgery. He was a Fellow in PaediatricOrthopaedics at Great Ormond St Hospital and the Hospital de la Timone Enfants in Marseille

Mr Michail Kokkinakis, London, UK

Mr Michail Kokkinakis is a Consultant PaediatricOrthopaedic surgeon with a particular interest in adolescent sports injuries, hip complex reconstruction surgery, hip and knee arthroscopic surgery, cerebral palsy, complex feet pathologies and paediatric trauma. He has set up and leads a hip and knee arthroscopic service for children and young people at Evelina London.

Mr Nick Nicolaou, Sheffield, UK

Mr Nickolaou is a Consultant PaediatricOrthopaedic Surgeon at Sheffield Children's Hospital, his Clinical interestsare Osteogenesis Imperfecta, Limbreconstruction, Knee arthroscopy/ knee reconstruction/ knee sports injuries, Cerebral Palsy and Paediatric Hip Disease.

Dr Per Larnert , Goteborg, Sweden

Dr. Larnert is a Consultant PaediatricOrthopaedic Surgeon at QueenSilviaChildren'sHospital. Gothenburg, Sweden. With a special interest in Paediatric hip problems and cerebral palsy. Acquired his fellowship at Sheffield Children's Hospital, UK.

Mr. Sanjeev Madan, Sheffield, UK

Mr. Madan is a Consultant OrthopaedicSurgeon at Sheffield Children's Hospital and Doncaster Royal Infirmary. He has a dedicated hip joint preservation and minimally invasive young adult hip referral practice. He is the Research Lead and Limb reconstruction lead.

Mrs. Kate Rajan, Derby, UK

Mrs. Rajan is a wellness facilitator, counsellor and Biology Lecturer in Derby, UK.

Local Organising Committee

Presidents:

Professor George Kontakis MD PhD, University of Crete

Dr. Vasilios Petroulakis MD, Head of Orthopaedics, Chania Gen. Hospital

Members:

Dr. K. Koulouridakis MD, Orthopaedic Surgeon, Chania Gen. Hospital

Dr. George Poulios MD, Orthopaedic Surgeon, Chania Gen. Hospital

Dr. Katerina Manimanaki MD, Orthopaedic Surgeon, Chania Gen. Hospital

Dr. George Grigorakis MD, Orthopaedic Surgeon, Chania Gen. Hospital

Dr. John Sfyrakis MD, Orthopaedic Surgeon, Chania Gen. Hospital

Dr. George Iliakis MD Orthopaedic Surgeon, Chania Gen Hospital

Dr. Antonios Kyvernitakis MD, Trainee in Orthopaedics, Chania Gen. Hospital

Dr. Konstantinos Balaouras MD, Trainee in Orthopaedics, Chania Gen. Hospital

Dr. Timos Politis MD, Orthopaedic Surgeon Chania Gen. Hospital

Dr. Antonios Christou MD, Fellow in Paed Orthop, Bristol Children's Hospital

Dr. Dimitrios Chasiouras MD, Fellow in Hand Surgery, Derby Royal Hospital

Organized by:

TELLUS

108, Halidon Str., Chania - Crete
www.tellustravel.gr

Scientific Programme

Day #1:25-10-2018

15.00 – 16.00	**Registration. Secretariat Administration.**
16.00-17.30:	**Newborn - Hip preservation at the start.**
	Moderators: J. Anastasopoulos – B. Konstantoulakis
16.00-16.10	**Welcoming by Symposium Governors. Planning.**
16.10-16.20	**Hip screening for every baby or only for hips at risk? John ANASTASOPOULOS**
16.20-16.30	**Hip Ultrasound. Principles of the Graf Technique. Babis KONSTANTOULAKIS**
16.30-16.40	**The experience of ultrasound hip screening in Chania. Babis KONSTANTOULAKIS**
16.40-16.50	**Spica early or Splint? Pavlik/Tubingen/Other? John ANASTASOPOULOS**
16.50-17.00	**Discussion, case presentation**
17.00-17.10	**DDH after walking age. When to operate? Marcos KATCHUBRIAN**
17.10-17.20	**Approaches to open reduction. Nick NICOLAOU**
17.20-17.40	**INVITED LECTURE: John O'HARA:**
	"Which hip anatomy are we aiming at?
	The correct bony alignment and anteversion."
17.50-18.10	**INVITED LECTURE: Prof Richard Villar**
	"Getting published - where is best?"
18.10-18.30	**INVITED LECTURE:**
	"Thinking out of the Box". Mrs Kate A. Rajan

19.00 – 23.00 Faculty Dinner

Day #2: 26-10-2018

08.30-08.45:	Secretariat administration etc.
08.45-09.00:	Welcoming. Symposium Governors. Plan.
09.00-11.00:	**Hips in Danger. Toddlers/early Teens**
	Moderators: N. Nicolaou - P. Larnert
09.00-09.10	Salter/Shelf. Any indications today? Per LARNERT
09.10-09.20	Dega/Pemberton: a multifunctioning tool. MarcosKATCHUBRIAN
09.20-09.30	Current trends in DDH after walking age – should bilateral or unilateral DDH make a difference in how to treat? Per LARNERT
09.30-09.40	Early Osteotomies of the Hip. Is it a big problem for the "Adult's Surgeon"? The view of the Paediatric Orthopaedic Surgeon, Michail KOKKINAKIS
09.40-09.50	Early Osteotomies of the Hip. Is it a big problem for the "Adult's Surgeon"? The view of the Adult's Orthopaedic Surgeon, Prof George BABIS
09.50 – 11.30	**Pediatric Hip problems that require answers**
	Moderators: DimitrisMetaxiotis – Rohan Rajan
09.50-10.00	Cerebral Palsy Hip.Dimitris METAXIOTIS
10.00-10.10	The missed Cerebral Palsy Hip. Resection or Preservation?
	Michail KOKKINAKIS
10.10-10.20	Hip Resurfacing in CP. John O'HARA
10.20-10.30	Perthes. Salvage or just let nature take its course? Nick NICOLAOU
10.30-10.40	After Septic arthritis. Do you dare operate again? Sanjeev MADAN
10.40-10.50	What is the role of physiotherapy in paediatric hip problems?
	Despoina PROIMAKI
10.50-11.00	Case Discussion
	11.00-11.30 Coffee Break
11:30-11:50	**INVITED LECTURE: Prof Richard N VILLAR**
	"What does Hip Joint Preservation Actually mean?"

11.50-13.30	**Adolescence: DDH, SUFE and FAI**
	Moderators: S. Madan – J. O'Hara
11.50-12.00	**Mild Dysplasia – Hip instability – the role of hip arthroscopy Thanos PAPAVASILIOU**
12.00-12.10	**MIS Peri-Acetabular Osteotomy. Sanjeev MADAN**
12.10-12.20	**BIPO Birmingham Interlocking Pelvic Osteotomy: pearls and wisdom. John O'HARA**
12.20-12.40	**INVITED LECTURE: Prof Spiros PNEVMATIKOS "The Dial Osteotomy"**
12.40-12.50	**Discussion**
12.50-13.00	**SUFE the initial presentation - Diagnosis and treatment.**
	Babis KONSTANTOULAKIS
13.00-13.10	**SUFE an extreme case of FAI? Nick NICOLAOU**
13.10-13.20	**FAI limits of hip arthroscopy. Nicolas BONIN**
13.20-13.30	**FAI Open surgical dislocation. Sanjeev MADAN**
13.30-13.50	**INVITED LECTURE: Prof Apostolos KARANTANAS**
	"Diagnosing FAI and Dysplasia. The role of CT, MRI and MRa.
	A Radiologist's approach."

14.00 – 15.00 Light lunch break/Coffee

15.20-16.50	**Sport injuries in the Adolescent and Young Adult Hip**
	Moderators: Nic Bonin – A. Papavasiliou
15.20-15.30	**The chicken and the egg. Do sports affect hip anatomy?**
	Alkiviades KALLIVOKAS
15.30-15.40	**Hip-Sport injuries in adolescence. Alkiviades KALLIVOKAS**

15.40-15.50	**The role of Hip arthroscopy in adolescence. Michail KOKKINAKIS**
15.50-16.00	**The role of physiotherapy in adolescent hip injuries. George ROGDAKIS**
16.10-16.20	**Diagnosis and Management of Extra-Articular pathology. Nicolas BONIN**
16.20-16.30	**Algorithmic Approach to Mechanical Hip Pain. Thanos PAPAVASILIOU**
16.30-16.45	**Future directions in joint preservation. Computer navigation - Stem cells. Richard VILLAR**
16.45 – 17.15	**Discussion**

19.00 – 23.00 Faculty Dinner

Day #3: 27/10/2018

09.30-10.40:	**Salvage procedures – future directions**
	Moderators: B. Konstantoulakis – M. Katchubrian
09.30-09.40	**Pelvic Support Osteotomy. Sanjeev MADAN**
09.40-09.50	**Hip distraction. Nick NICOLAOU**
09.50-10.00	**Salvage procedures– results and expectations, Sanjeev MADAN**
10.00-10.10	**Fractures of femoral head in young patients. State of the art. Theo TOSOUNIDIS**
10.10-10.20	**Case discussion**
10.20-11.50:	**Young Adult Hip. DDH, FAI, THR**
	Moderators: N. Shah – S. Madan
10.20-10.30	**Classification of DDH in adults. Prof. George BABIS**
10.30-10.40	**Does skillful neglect and then a THR mean fewer operations and better outcome? Theo TOSOUNIDIS**
10.40-10.50	**Hip resurfacing for the young. It works. John O'HARA**
10.50-11.00	**Ceramic on Ceramic for the young is better and safer. Nikhil SHAH**
11.00-11.10	**Discussion**

11.20-11.30	**Short stems. What are the indications? Nikhil SHAH**
11.30-11.40	**MIS surgery in THR: is there a reason? Prof George BABIS**
11.40-12.00	**Invited Lecture: Nicolas BONIN**
	"AMIS. History, evolution and limitations."

12.00 - 12.20 Coffee Break

12.20 – 13.20:	**Young Adult Hip. DDH, FAI, THR**
	Moderators: N. Shah - S. Madan
12.20-12.30	**THR done properly. The Gold Standard. Nikhil SHAH**
12.30-12.40	**Future directions. Patient specific instrumentation. Sakis KOUKOUBIS**
12.40-12.50	**Discussion**
13.00-13.20	**INVITED LECTURE: Prof George BABIS**
	It is the same patient and the same Hip. Do Paediatric and Adult's orthopedic surgeons speak the same language?
13.20-14.00	**Tales from the Crypt – when things go wrong**
	Moderators: S. Koukoubis – G. Babis
13.20-13.30	**Painful hip after osteotomy. John O'HARA**
13.30-13.40	**Painful hip after arthroscopy. Thanos PAPAVASILIOU**
13.40-13.50	**Painful hip after THR. Sakis KOUKOUBIS**
13.50-14.00	**Discussion**
14.10-14.30	**Case Discussion. What would you do?**

14.30 Closure of the meeting:

Madan/Konstantoulakis/Papavasiliou

Conclusions, actions for the future.



LAYOUT: P.**SOUNAS**2018

Visit the Meeting's site:

https://chania-hip-meeting2018.myfreesites.net/



Zimmer Biomet was created to redefine musculoskeletal healthcare, and to help improve the lives of those we serve.

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