10th PANHELLENIC CONGRESS OF ARTHROSCOPIC SURGERY AND SPORTS INJURIES

ArthroScope to the future

20 YEARS HAA

19 - 22 June 2024

DU LAC Hotel
Ioannina



Cadaveric Workshop
(shoulder)
19 June
Anatomy Lab
University of Ioannina

ORGANIZED BY

Hellenic Association of Arthroscopy
Knee Surgery and Sports Injuries
"G. Noulis"

UNDER THE AUSPICES

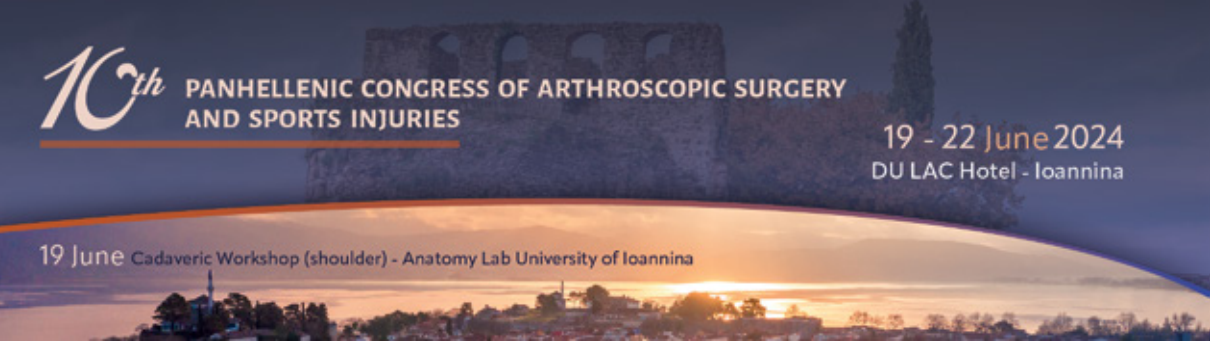
Under the Patronage of
ESSKA European Society of Sports Traumatology, Knee Surgery & Arthroscopy

Hellenic Association of Orthopaedic Surgeric & Traumatology

Orthopedic and Trauma Society of Macedonia and Thrace

PROGRAM

Secreteriat
MK PREMIUM
Info@mk-premium.com, Tel. +357 99812240
Tel. +30 2310226250, www.mk-premium.com



GREETING

Dear Colleagues,

As the President of the Board of Directors of the Hellenic Society of Arthroscopy, Knee Surgery and Sports Injuries "Georgios Noulis", I have the honor to invite you to the 10th Congress that is to be held in Ioannina, the birthplace of Georgios Noulis, on 19-22 June, 2024 .

This year the Hellenic Arthroscopy Association (HAA) is celebrating its 20th anniversary. Faithful to its principles for 20 years, our Association has been contributing substantially to the further training of its Members, focusing particularly on Young Physicians. The biannual HAA Congress, the hands-on cadaver workshops organised every year, the HAA newsletter, the granted fellowships, the arthroscopy webinars established since the time of the pandemic, as well as the intensive theoretical arthroscopy seminars are just some of the events organized by the Association with the aim of providing continuous scientific training.

This year, the 10th Congress of our Association has an anniversary character. Highly distinguished speakers from the International and Greek Scientific Community will cover the entire spectrum of Arthroscopic Surgery, Knee Surgery and Sports Injuries. This year the stage will be given for the first time to Resident Physicians through separate Round Tables. There will be Video screenings of the most modern surgical techniques and Debates on issues that often concern us in our daily clinical practice. We will have the opportunity to listen to Fellows telling us how they experienced their HAA fellowship journey, and there will also be a special Round Table dedicated to the history of HAA.



GREETING

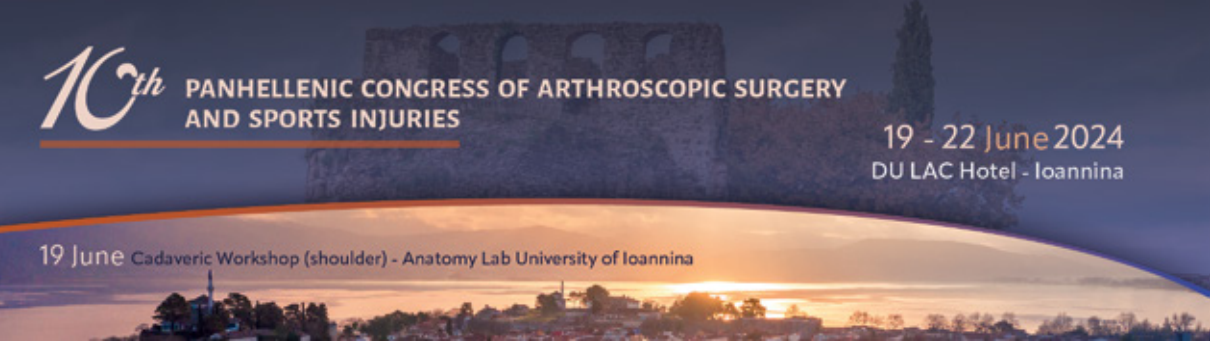
As always, the best Oral Presentation will be awarded and will represent our Association at the next ESSKA Congress. There will also be other awards for Oral Presentations, as well as for the best e-Poster.

The Congress will be arranged in such a way that you will have the opportunity to visit the monuments and beautiful landscapes not only of Ioannina but also of the wider region of Epirus. In addition, through the social events organized within the context of the Congress, all participants will be able to develop friendly and professional relationships with distinguished Greek and foreign Orthopedicians.

For all the above reasons I invite you to actively contribute to the success of the 10th "anniversary" HAA Congress with your scientific and personal presence.

We look forward to welcoming you in Ioannina at our Congress on 19-22 June, not only for all of us to be informed and trained in the modern trends and techniques of Arthroscopic Surgery but also to exchange our scientific concerns.

With Cordial Greetings
Vasilios Chouliaras
HAA President 2022-24



SCIENTIFIC COMMITTEE

PRESIDENTS: **Vasilios Chouliaras, Spyridon Plessas**

Emmanouil Antonogiannakis
Michael Chantes
Ioannis Chiotis
Nikolaos Darlis
Georgios Drosos
Alexandros Eleftheropoulos
Anastasios Georgoulis
Christos Giannakopoulos
Ioannis Gigis
Ioannis Gkliatis
Michael Iosifidis
Panagiotis Kitsoulis
Zinon Kokkalis
Dimitrios Koulalis
Panagiotis Kouloumentas
Georgios Kouvidis
Athanasios Liantsis
Dimitrios Mastrokalos
Emmanouil Mprilakis
Konstantinos Natsis
Pantelis Nikolaou
Andreas Panagopoulos
Periklis Papadopoulos
Stergios Papastergiou
Nikolaos Piskopakis
Ioannis Samaras
Matthaios Savvidis
Georgios Skarpas
Ioannis Terzidis
Theodoros Troupis
Georgios Tsikouris
Eleftherios Tsiridis
Alexandros Tzaveas
Matthaios Tzourmpakis
Dimitrios Varvarousis
Athanasios Ververidis
Athanasios Zacharopoulos
Aristidis Zimpis



ORGANIZING COMMITTEE

PRESIDENT: **Vasilios Chouliaras**
MEMBERS: **The EAE Board of Directors and:**

Stavros Alevrogiannis
Grigorios Avramidis
Michael Chantes
Andreas Diamantopoulos
Emmanouil Fandridis
Dimitrios Flevas
Alkiviadis Kalliakmanis
Grigorios Karaxalios
Theofilaktos Kiriakidis
Charalampos Kiratzoglou
Konstantinos Kokorogiannis
Christos Koukos
Iasonas Lekos
Konstantinos Makridis
Theodoros Mpouras
Prodromos Natsaridis
Haris Nikolaou
Ilias Ntisios
Evgenia Papadaki
Odysseas Paxinos
Vasilios Raoulis
Panagiotis Symeonidis
Anastasia Tilentzoglou
Michael Tiliakos
Georgios Tzoanos
Harilaos Voulgaropoulos
Vasilios Vraggalas
Aikaterini Zerva

ESSKA

European Society of Sports Traumatology, Knee Surgery & Arthroscopy



THE EUROPEAN STANDARD

- Access to KSSTA Journal
- Discounted Congress fees
- Access to Fellowship and Certification Programmes
- Educational Resources & Courses
- 20 % APC member discount for publications in KSSTA and JEO journals
- and much more!



Full membership prices start at 275€

esska.org/membership

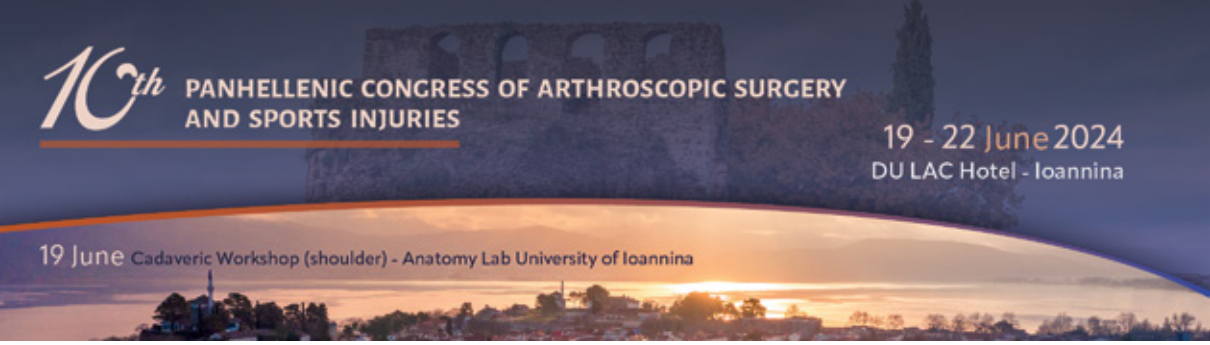
JOIN TODAY:



WEDNESDAY 19/6/2024

Workshop in Cadaveric Specimens (Shoulder Arthroscopy)

12.00 - 12.30	Registrations - Introduction to the workshop **Vasileios Chouliaras** Moderators: **Alexandros Tzaveas, Ioannis Chiotis** Instructors: **Dimitrios Alexakis, Emmanouil Antonogiannakis, Manos Brilakis, Ioannis Chiotis, Anastasios Deligeorgis, Michael Iosifidis, Eirinaios Karamanis, Zinon Kokkalis, Dimitrios Kontzamitelos, Christos Koukos, Alexandros Kyriakos, Andreas Panagopoulos, Odysseas Paxinos, George Skarpas, Christos Sinopidis, George Tsikouris**
12.30 - 15.00	Portal Placement. Shoulder Instability.
15.00 - 15.30	LUNCH BREAK
15.30 - 18.00	Rotator cuff tears.



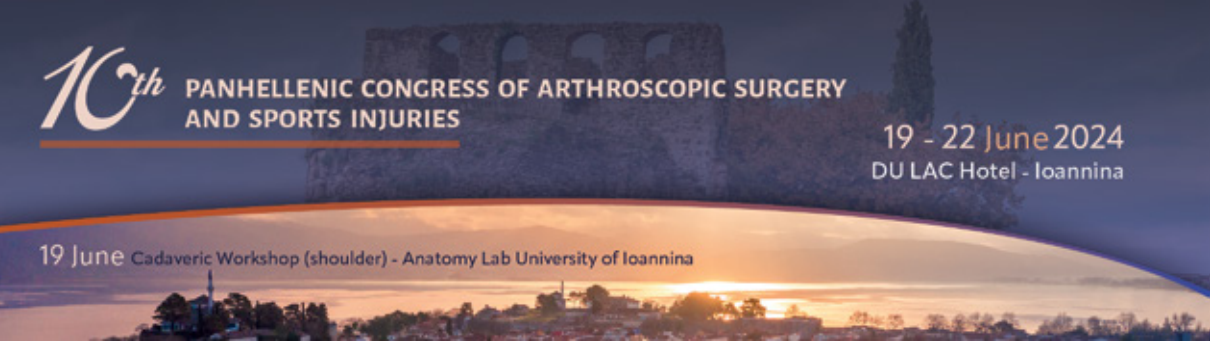
THURSDAY 20/6/2024

08.00 - 09.00	**FREE PAPERS** Moderators: **Sotirios Ntavelis, Konstantinos Banios**
09.00 - 10.30	**ICL: THE BASICS IN ARTHROSCOPIC SURGERY** **Patient placement, Portals, Basic Arthroscopic Anatomy.** Moderators: **George Papadopoulis, Ioannis Benetos**
09.00 - 09.12	Shoulder. **Franzeska Zampeli**
09.12 - 09.24	Elbow. **Apostolos Stathelis**
09.24 - 09.36	Wrist. **Nick Zagoraios**
09.36 - 09.48	Hip. **Alkiviadis Kallivokas**
09.48 - 10.00	Knee. **Michael Tiliakos**
10.00 - 10.12	Foot & Ankle. **Jordan Petrakis**
10.12 - 10.30	Comment - Discussion **Lazaros Kostretzis**



THURSDAY 20/6/2024

10.30 - 12.00	**SHOULDER DISLOCATION AND INSTABILITY. CURRENT TREATMENT OPTIONS** Moderators: **Nikolaos Papoulidis, Alexandros Kyriakos**
10.30 - 10.42	Management of 1st time shoulder dislocation. **Mustafa Karahan**
10.42 - 10.54	Isolated Bankart repair. Is it still a treatment option? **Ioannis Gigis**
10.54 - 11.06	Bankart plus remplissage. When and how. **Ilias Disios**
11.06 - 11.18	Open Latarjet. When and how. **Dimitrios Alexakis**
11.18 - 11.30	Arthroscopic Latarjet. **Bøe Berte** zoom
11.30 - 12.00	Comment - Discussion **Vasileios Vraggalas**
12.00 - 12.30	COFFEE BREAK



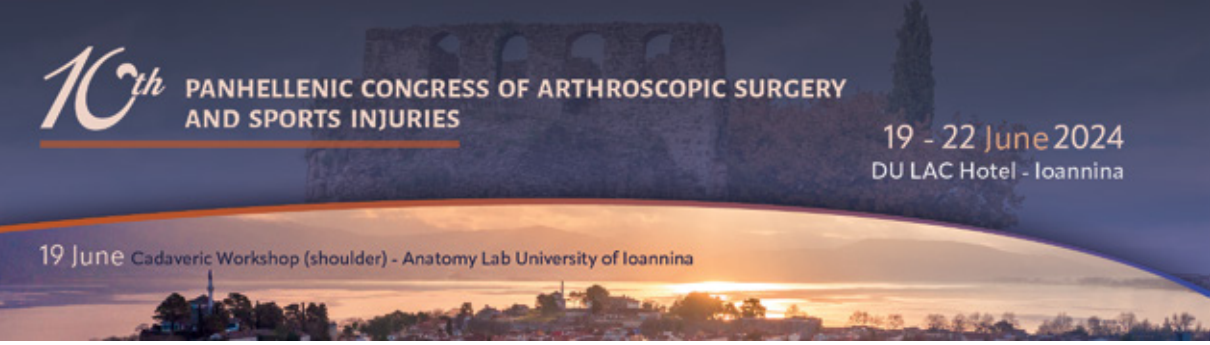
THURSDAY 20/6/2024

12.30 - 14.00	**NEW TRENDS IN HIP ARTHROSCOPY** Moderators: **Alexandros Tzaveas, George Tsikouris**
12.30 - 12.42	Anatomical Labral Repair. **Benjamin Domb** zoom
12.42 - 12.54	Using technology for Hip Preservation Surgery. **Vikas Khanduja** zoom
12.54 - 13.06	Rim trimming. How and how much? **Filippo Randelli**
13.06 - 13.18	Subspine impingement. Arthroscopic treatment. **Athanasios Papavasileiou**
13.18 - 13.30	Cam resection: what's the optimal? **Alexandros Tzaveas**
13.30 - 13.42	Beyond hip arthroscopy. Hip osteotomies. **Lazaros Poultsidis**
13.42 - 14.00	Comment - Discussion **Ali Bajwa** zoom
14.00 - 14.15	Our Experience with the Travelling Fellowship (Awarding of Certificates) **Ioannis Tzelios, Nikolaos Papoulidis, Filippos Zigras, Ioannis Vasios, Fotios Papageorgiou, Danai Grammatikopoulou**
14.15 - 15.00	LUNCH BREAK



THURSDAY 20/6/2024

15.00 - 16.30	**LET'S LISTEN TO THE NEXT GENERATION** (RESIDENT'S ROUND TABLE) Moderators: **Spiridon Plessas, Dimitrios Flevas**
15.00 - 15.12	Anatomy and Biomechanics of ACL. **Aikaterini Zerva**
15.12 - 15.24	Hamstring for ACL reconstruction. Advantages, disadvantages and indications. **Vasileios Akrivos**
15.24 - 15.36	BPTB for ACL reconstruction. Advantages, disadvantages and indications. **Ioannis Vasios**
15.36 - 15.48	Anatomy and biomechanics of the menisci. **Ioannis Samaras**
15.48 - 16.00	Meniscectomy. Indications, tips and tricks. **Panagiotis Antzoulas**
16.00 - 16.12	Meniscal repair. Indications and kind of repairs. **Charalampos Kiratzoglou**
16.12 - 16.30	Comment - Discussion **Vasileios Chouliaras**



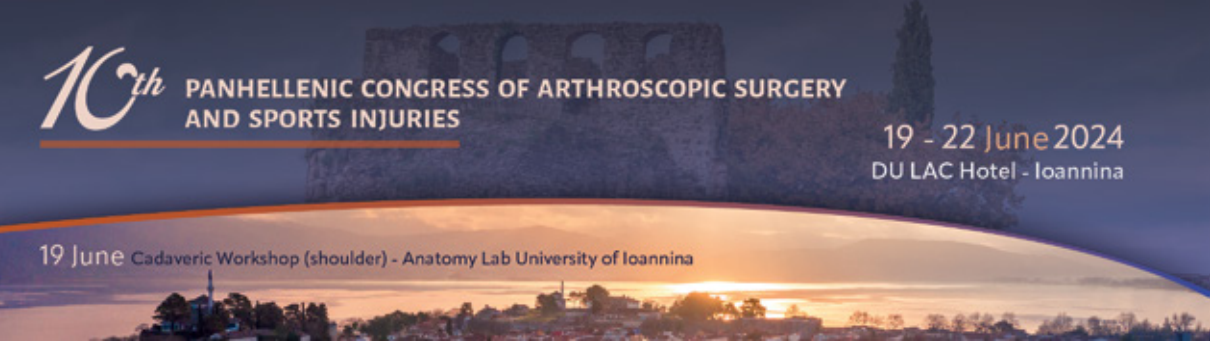
THURSDAY 20/6/2024

16.30 - 18.00	**EVERYDAY PROBLEMS WITH THE ELITE ATHLETES** Moderators: **Christos Lirtzis, Iosif Gavriilidis**
16.30 - 16.42	Muscle injuries. Classification and new treatment options. **Christos Theos**
16.42 - 16.54	Groin pain in athletes. A rising problem? **George Tsikouris**
16.54 - 17.06	ACL re-injuries in Football players. How we can prevent them. **George Basdekis**
17.06 - 17.18	Meniscus tears in elite athletes. To repair or to resect? **Andreas Papadopoulos**
17.18 - 17.30	Rotator cuff lesions in elite athletes. **Fragiskos Xypnitos**
17.30 - 17.42	Slap lesions in elite athletes. **Odysseas Paxinos**
17.42 - 18.00	Comment - Discussion **Dimosthenis Anastasakis**
18.00 - 18.30	COFFEE BREAK



THURSDAY 20/6/2024

18.30 - 20.00	**MENISCUS LESIONS. FROM RESECT TO REPAIR AND SUBSTITUTION** Moderators: **Evangelos Pantazis, Evgenia Papadakou**
18.30 - 18.42	Meniscectomy. Is it still the most common arthroscopic operation? **Theodore Bouras**
18.42 - 18.54	Bucket handle lesions. To resect or to repair? **Athanasios Ververidis**
18.54 - 19.06	Ramp lesions. How to diagnose and treat. **Athanasios Liantsis**
19.06 - 19.18	Root tears, the silent epidemic. **Mathaios Savvidis**
19.18 - 19.30	Meniscal scaffolds. Current state of the art. **Theofilaktos Kiriakidis**
19.30 - 19.42	New strategies to avoid extrusion in meniscus allograft transplantation **Juan Carlos Monllau**
19.42 - 20.00	Comment - Discussion **Christos Papageorgiou**



THURSDAY 20/6/2024

20.30	Greetings - Opening Lecture Future Directions in Orthopaedic Education. "A Pledge Commitment to George C. Noulis Heritage" **Panayotis N. Soucacos** MD, FACS, Professor of Orthopaedic Surgery University of Athens, Medical School Orthopaedic Research & Education Center "Attikon" University Hospital, Athens, Greece **Announcement of Prof. Mustafa Karahan, Prof. Panayoyis N. Soucacos, Honorary members of the Hellenic Arthroscopic Society** **Welcome Reception (Hotel DuLac)**



FRIDAY 21/6/2024

08.00 - 09.00	**FREE PAPERS** Moderators: **Efstratios Kavroudakis, Prodromos Natsaridis**
09.00 - 10.30	**ORTHOBIOLOGICS IN ORTHPAEDICS** Moderators: **Konstantinos Saropoulos, Anastasios Deligeorgis**
09.00 - 09.12	Orthobiologics in rotator cuff lesions. **Grigorios Avramidis**
09.12 - 09.24	Orthobiologics for tendon and ligament injuries. **Ioannis Tzellios**
09.24 - 09.36	Injectable orthobiologics in knee osteoarthritis. **Trifon Totlis**
09.36 - 09.48	Orthobiologics for meniscal tears and repair. **Panagiotis Kouloumentas**
09.48 - 10.00	Stem cells. Sources and indications. **George Skarpas**
10.00 - 10.12	The ESSKA (ORBIT) consensus for the use of ortobiologics. **Michael Iosifidis**
10.12 - 10.30	Comment - Discussion **Nikiforos Galanis**

FRIDAY 21/6/2024

10.30 - 12.00	**PATELLAR INSTABILITY. FROM DIAGNOSIS TO TREATMENT** Moderators: **George Kouvidis, Vasileios Chouliaras**
10.30 - 10.42	First time patellar dislocation. The ESSKA PFI Committee consensus. **Jasec Walawski** zoom
10.42 - 10.54	Patellar instability. MRI, CT, X-Rays. What am I looking for? **Konstantinos Intzoglou**
10.54 - 11.06	MPFL Reconstruction. When and how. **Vasileios Raoulis**
11.06 - 11.18	Tibial Tubercle Osteotomy. When and how. **Panagiotis Ntagiopoulos**
11.18 - 11.30	Arthroscopic deepening trochleoplasty. **Lars Blond** zoom
11.30 - 11.42	Patellar Instability in children. When and how to operate. **Nick Paschos** zoom
11.42 - 12.00	Comment - Discussion **Stergios Papastergiou**
12.00 - 12.30	COFFEE BREAK



FRIDAY 21/6/2024

12.30 - 14.00	**SPECIAL CONDITIONS FOR TKA OR UKA** Moderators: **Lazaros Oikonomidis, Dimitrios Karataglis**
12.30 - 12.42	Cooled Radiofrequency and Cryoneurolysis in pain treatment for symptomatic Knee Osteoarthritis. **Andreas Panagopoulos**
12.42 - 12.54	Is there a role for arthroscopic surgery in early arthritis? **Konstantinos Kokorogiannis**
12.54 - 13.06	TKA after HTO. **Konstantinos Makridis**
13.06 - 13.18	Robotic UKA. Does it improve outcomes? **Dionisios Chissas**
13.18 - 13.30	Robotic TKA. Is this the future? **Anastasios Tokis**
13.30 - 13.42	Management of a painful TKA. **George Drosos**
13.42 - 14.00	Comment - Discussion **Efstathios Chronopoulos**
14.00 - 14.15	The unique experience of "George Noulis" Fellowship **Ioannis Kougioumtzis**
14.15 - 15.00	LUNCH BREAK

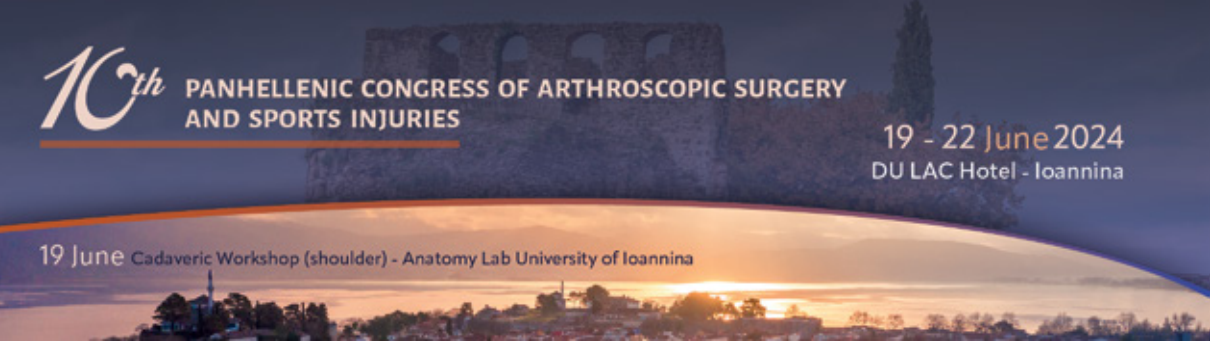
FRIDAY 21/6/2024

15.00 - 16.30	**FOOT AND ANKLE PATHOLOGY. WITH OR WITHOUT ARTHROSCOPY** Moderators: **Rizos Tsaknis, Panagiotis Kontovazenitis**
15.00 - 15.12	Role of early repair in acute syndesmotic injuries. Is it necessary? **Panagiotis Simeonidis**
15.12 - 15.24	Arthroscopic treatment of ankle instability. When and how. **Alexandros Eleftheropoulos**
15.24 - 15.36	Cartilage lesions of the talus. Diagnosis and current treatment options. **Evangelos Evangelou**
15.36 - 15.48	Arthroscopic arthrodesis of the ankle joint. Why I prefer it. **Nikolaos Gougoulias**
15.48 - 16.00	Achilles tendon rupture. Open, closed or with Ultrasonography? **Antonios Konstantinidis**
16.00 - 16.30	Comment - Discussion **Dimitrios Chatziemmanouil**



FRIDAY 21/6/2024

16.30 - 17.30	**IT IS TIME TO THINK ABOUT THE ARTHROSCOPY IN ELBOW AND WRIST** Moderators: **Anastasios Korompilias, Nick Darlis**
16.30 - 16.42	Arthroscopic Treatment of Tennis Elbow. **Konstantinos Ditsios**
16.42 - 16.54	Posterolateral instability. Diagnosis and arthroscopic treatment. **Christos Koukos**
16.54 - 17.06	Indications for wrist arthroscopic. Present status and future perception. **Aaron Venouziou**
17.06 - 17.18	Arthroscopic treatment of wrist fractures. Is it necessary? **Nick Darlis**
17.18 - 17.30	Comment - Discussion **Zinon Kokkalis**
17.30 - 18.00	COFFEE BREAK



FRIDAY 21/6/2024

18.00 - 19.30	**THE KNEE WITH MORE COMPLEX INJURIES** Moderators: **George Petsinis, Ilias Kotsovolos**
18.00 - 18.12	Anatomy of PCL and Posterolateral corner. A basic knowledge for the appropriate treatment. **Aristidis Zibis**
18.12 - 18.24	Introduction to multi-ligamentous knee injuries: Classification and Diagnostic Challenges. **Konstantinos Kateros**
18.24 - 18.36	Acute care of multi-ligamentous knee Injuries. **Antonios Kouzelis**
18.36 - 18.48	PCL reconstruction. When and how to perform. **Ioannis Gliatis**
18.48 - 19.00	Fractures of tibial plateau. How and when should be treated arthroscopically. **Spiridon Plessas**
19.00 - 19.30	Comment - Discussion **Anastasia Tilentzoglou**
19.30 - 20.30	Anniversary event for the 20 years of H.A.A. The life and work of George Noulis **Martha Papadopoulou** 20 Years Hellenic Arthroscopic Association **Vasileios Chouliaras** Honorary award of the presidents of the H.A.A.



SATURDAY 22/6/2024

08.00 - 09.30	**STAR FREE PAPERS** Moderators: **Stergios Papastergiou, Vasileios Chouliaras**
09.30 - 11.00	**IT IS MORE THAN A CUFF REPAIR** Moderators: **Emmanouil Antonogiannakis, Zinon Kokkalis**
09.30 - 09.42	Single row fixation. **Angelos Trellopoulos**
09.42 - 09.54	Double row fixation. **Ioannis Chiotis**
09.54 - 10.06	Partial tears of the rotator cuff. Treatment options. **Dimitrios Kotzamitelos**
10.06 - 10.18	Tendon transfers in posteriosuperior massive tears. My technique. **Emmanouil Fandridis**
10.18 - 10.30	Why Rotator Cuff repairs fail and prognostic factors for a successful treatment. **Emmanouil Brilakis**
10.30 - 11.00	Comment - Discussion **Christos Sinopidis**

SATURDAY 22/6/2024

11.00 - 12.30	**LET'S LISTEN TO THE EXPERTS** Moderators: **Perikles Papadopoulos, Michael Iosifidis**
11.00 – 11.15	Changes in shoulder arthroscopy in the last 25 years. **Emmanouil Antonogiannakis**
11.15 - 11.30	ACL Reconstruction for 40 years. What have I Learned? **Pantelis Nikolaou**
11.30 - 11.45	Old standards and new alternatives in cartilage repair. **Laszlo Hangody**
11.45 - 12.00	My life (love) with patella. **David Dejour** zoom
12.00 - 12.15	The arthroscopic surgeon in the next years. The ESSKA module project. **Michael Hantes**
12.15 - 12.30	Comment - Discussion **Vasileios Chouliaras**



SATURDAY 22/6/2024

12.30 - 14.00	**ACL RECONSTRUCTION. DIFFERENT THINGS TO THINK ABOUT** Moderators: **Nikolaos Piskopakis, Panagiotis Kouloumentas**
12.30 - 12.42	Double-bundle ACL reconstruction. Is it still a treatment option? **Rainer Siebold**
12.42 - 12.56	ACL & ALL Reconstruction. Why, when, and how. **Achilleas Boutsiadis**
12.56 - 13.06	Septic arthritis after ACL reconstruction. Prevention, Diagnosis and treatment. **Michael Hantes**
13.06 - 13.18	My own press-fit technique: From two stages to one stage in difficult revision ACL cases. **Yavuz Kocabey**
13.18 - 13.30	Which reconstruction is anatomical and why it should be. **Anastasios Georgoulis**
13.30 - 14.00	Comment - Discussion **Dimitrios Mastrokalos**
14.00 - 15.00	LUNCH BREAK

SATURDAY 22/6/2024

15.00 - 16.00	**THE ANATOMICAL, RADIOLOGICAL AND BIOMECHANICAL POINT OF VIEW** Moderators: **Panagiotis Kitsoulis, Mathaios Savvidis**
15.00 - 15.12	Clinical, Arthroscopic and Surgical Anatomy of the Knee. **Konstantinos Natsis**
15.12 - 15.24	Pearls and Pitfalls after Anterior Cruciate and Antero-lateral Ligament Reconstruction. **Antonia Bintoudi**
15.24 - 15.36	Evaluation of the treatment solutions of lower extremity injuries/diseases using gait analysis. **Dimitrios Varvarousis**
15.36 - 15.48	Incorporation of Biomechanical Technologies in Neuromuscular Assesment. **John Giakas**
15.48 - 16.00	Comment - Discussion **Aristidis Zibis**



SATURDAY 22/6/2024

16.00 - 17.30	**CARTILAGE LESIONS. CAN WE CHANGE OUR TREATMENT OPTIONS?** Moderators: **Stavros Aleurogiannis, Antonios Papoutsidakis**
16.00 - 16.12	Microfracture for focal lesions. Is it still a treatment option? **Thomas Repantis**
16.12 - 16.24	Mosaic-plasty. Where are the limits? **Dimitris Koulalis**
16.24 - 16.36	Cartilage chips for focal lesions. My experience. **Nikolaos Koukoulias**
16. 36 - 16.48	Autologous chondrocyte transplantation. What have we learned from this technique? **Ioannis Terzidis**
16.48 - 17.00	Knee OCD in children and adolescents. **Ioannis Melas**
17.00 - 17.30	Comment - Discussion **Grigorios Karahalios**
17.30	**CONGRESS SUMMARY** GENERAL ASSEMBLY OF HELLENIC ARTHROSCOPIC SOCIETY

biogenesys

ΑΝΘΡΩΠΙΝΑ ΟΣΤΙΚΑ ΜΟΣΧΕΥΜΑΤΑ

www.biogenesys.gr

Sports Medicine
Allograft Solutions

Hamstring



Tibialis



Achilles



Graftlink



Meniscus



High-performance allograft solutions
for your active patients.

biogenesys

Ivor®
Bemiparin sodium

IvorMAX®
Bemiparin sodium



ΣΥΝΟΠΤΙΚΗ ΠΕΡΙΓΡΑΦΗ ΤΩΝ ΧΑΡΑΚΤΗΡΙΣΤΙΚΩΝ ΤΟΥ ΠΡΟΪΟΝΤΟΣ

ΟΝΟΜΑΣΙΑ ΤΟΥ ΦΑΡΜΑΚΕΥΤΙΚΟΥ ΠΡΟΪΟΝΤΟΣ: Ivor 2.500 IU antiXa/0,2 ml ενέσιμου διαλύματος σε προγεμισμένες σύριγγες **ΠΟΙΟΤΙΚΗ & ΠΟΣΟΤΙΚΗ ΣΥΝΘΕΣΗ:** Bemiparin sodium: 2.500 IU (anti Factor Xa*) ανά 0,2 ml προγεμισμένη σύριγγα (ισοδύναμη με 12.500 IU (anti Factor Xa*) ανά ml ενέσιμου διαλύματος). Η δραστικότητα περιγράφεται σε Διεθνείς μονάδες anti-Factor Xa δραστικότητας (IU) με βάση το Πρώτο Διεθνές Πρότυπο Αναφοράς Ηπαρίνης Χαμηλού Μοριακού Βάρους. Για τον πλήρη κατάλογο των εκδόχων, βλ. παράγραφο 6.1. **ΣΥΣΚΕΥΑΣΙΕΣ/ΤΙΜΕΣ:** IVOR 2.500 IU anti-Xa/0,2 ml BT x 2 PF.SYR Λ.Τ.: 5,83 €

ΟΝΟΜΑΣΙΑ ΤΟΥ ΦΑΡΜΑΚΕΥΤΙΚΟΥ ΠΡΟΪΟΝΤΟΣ: Ivor 3.500 IU antiXa/0,2 ml ενέσιμου διαλύματος σε προγεμισμένες σύριγγες. **ΠΟΙΟΤΙΚΗ & ΠΟΣΟΤΙΚΗ ΣΥΝΘΕΣΗ:** Bemiparin sodium: 3.500 IU (anti Factor Xa*) ανά 0,2 ml προγεμισμένη σύριγγα (ισοδύναμη με 17.500 IU (anti Factor Xa*) ανά ml ενέσιμου διαλύματος). Η δραστικότητα περιγράφεται σε Διεθνείς μονάδες anti-Factor Xa δραστικότητας (IU) με βάση το Πρώτο Διεθνές Πρότυπο Αναφοράς Ηπαρίνης Χαμηλού Μοριακού Βάρους. Για τον πλήρη κατάλογο των εκδόχων, βλ. παράγραφο 6.1. **ΣΥΣΚΕΥΑΣΙΕΣ/ΤΙΜΕΣ:** IVOR 3.500 IU anti-Xa/0,2 ml BT x 2 PF.SYR Λ.Τ.: 10,74 BT x 30 PF.SYR Λ.Τ.: 120,83 €

ΟΝΟΜΑΣΙΑ ΤΟΥ ΦΑΡΜΑΚΕΥΤΙΚΟΥ ΠΡΟΪΟΝΤΟΣ: Ivormax 25.000 IU anti-Xa/ml ενέσιμου διαλύματος σε προγεμισμένες σύριγγες **ΠΟΙΟΤΙΚΗ & ΠΟΣΟΤΙΚΗ ΣΥΝΘΕΣΗ:** Bemiparin sodium: 25.000 IU (anti-Factor Xa*) ανά ml ενέσιμου διαλύματος. Ισοδύναμη με: 5.000 IU (anti-Factor Xa) ανά 0,2 ml προγεμισμένη σύριγγα, 7.500 IU (anti-Factor Xa) ανά 0,3 ml προγεμισμένη σύριγγα, 10.000 IU (anti-Factor Xa) ανά 0,4 ml προγεμισμένη σύριγγα. * Η δραστικότητα περιγράφεται σε Διεθνείς μονάδες anti-Factor Xa δραστικότητας (IU) με βάση το Πρώτο Διεθνές Πρότυπο Αναφοράς Ηπαρίνης Χαμηλού Μοριακού Βάρους. Για τον πλήρη κατάλογο των εκδόχων, βλ. παράγραφο 6.1. **ΣΥΣΚΕΥΑΣΙΕΣ/ΤΙΜΕΣ:** IVORMAX 25.000 IU anti-Xa/ml, BTx2PF.SYRx0,2ML Λ.Τ.: 21,86€, IVORMAX 25.000 IU anti-Xa/ml, BTx2PF.SYRx0,3ML Λ.Τ.: 19,09€, IVORMAX 25.000 IU anti-Xa/ml BTx2PF.SYRx0,4ML Λ.Τ.: 23,33€

ΦΑΡΜΑΚΟΤΕΧΝΙΚΗ ΜΟΡΦΗ: Ενέσιμο διάλυμα σε προγεμισμένες σύριγγες. (Άχρωμο ή ελαφρώς κιτρινωπό, διαυγές διάλυμα, ελεύθερο ορατών σωματιδίων). ΚΑΤΟΧΟΣ ΤΗΣ ΑΔΕΙΑΣ ΚΥΚΛΟΦΟΡΙΑΣ: Προϊόν της LABORATORIOS FARMACEUTICOS ROVI S.A., ΙΣΠΑΝΙΑ. **Κάτοχος αδείας κυκλοφορίας:** BIANEΞ Α.Ε., Οδός Βαρυμπόμπης 8, 14671 Ν. Ερυθραία, Κηφισιά, Τηλ. 210800911. **ΑΡΙΘΜΟΣ(ΟΙ) ΑΔΕΙΑΣ ΚΥΚΛΟΦΟΡΙΑΣ:** 24481/26-02-2020, 24482/26-02-2020, 24483/26-02-2020.

ΗΜΕΡΟΜΗΝΙΑ ΑΝΑΘΕΩΡΗΣΗΣ ΤΟΥ ΚΕΙΜΕΝΟΥ: 06-04-2023 (Ivor), 12-07-2023 (Ivormax)

ΤΡΟΠΟΣ ΔΙΑΘΕΣΗΣ: Φαρμακευτικό προϊόν για το οποίο απαιτείται ιατρική συνταγή

Περαιτέρω πληροφορίες διατίθενται από τον ΚΑΚ κατόπιν αιτήσεως.

BIANEΞ Α.Ε.
ΒΙΟΜΗΧΑΝΙΑ ΦΑΡΜΑΚΩΝ
ΕΤΑΙΡΕΙΑ ΤΟΥ ΟΜΙΛΟΥ ΓΙΑΝΝΑΚΟΠΟΥΛΟΥ

BIANEΞ Α.Ε. - Έδρα : Οδός Βαρυμπόμπης 8, 14671 Ν. Ερυθραία, Κηφισιά
Ταχ. Θυρίδα 52894, 146 10 Ν. Ερυθραία • Τηλ. : 210 8009111 • Fax: 210 8071573
E-mail: mailbox@vianex.gr • WEBSITE: www.vianex.gr
ΘΕΣΣΑΛΟΝΙΚΗ: Ακαδήμου 113, 562 24 Εύοσμος Θεσσαλονίκης • Τηλ.: 2310 861683
ΑΡ. Γ.Ε.ΜΗ. 000274201000

Βοηθήστε να γίνουν τα φάρμακα πιο ασφαλή και Αναφέρετε ΟΛΕΣ τις ανεπιθύμητες ενέργειες για ΟΛΑ τα φάρμακα Συμπληρώνοντας την «ΚΙΤΡΙΝΗ ΚΑΡΤΑ»

VE-24024-IVO-2/2024

ACKNOWLEDGEMENTS

The President and the Organizing Committee of the 10th Congress of Arthroscopic Surgery and Sports Injuries would like to thank the following companies for their kind contribution to the Congress:

GOLDEN SPONSOR

COSTAS PAPAELLINAS
GROUP OF COMPANIES | GREECE

SILVER SPONSORS

ZIMMER BIOMET
Moving You Forward.

HEALTH IASIS

SPONSORS

ΑΡΘΡΩΣΙΣ

ariti

ABACOSM

APOSTOLIDES

BIANEE

biogenesys

ELPEN

ΕΛΗΝΩΡ

medical brace

Medinor
Medical Supplies

Medical

NORMA

osteocell
ΟΗΜ. ΡΕΚΟΥΤΗΣ Α.Ε.

ostracon

OLYMPION

Rontis
Driven by innovation

SCOLIOSIS
SPINE LASER CENTER

ΟΡΘΟΠΑΙΔΙΚΑ
ΧΑΤΖΗΓΕΩΡΓΙΟΥ



GENERAL INFORMATION

Dates
19 - 22 June 2024

Venue
19 June - Anatomy Lab, University of Ioannina
20-22 June - Du Lac Hotel, Ioannina

Official Language
The official languages of the Congress are English and Greek.

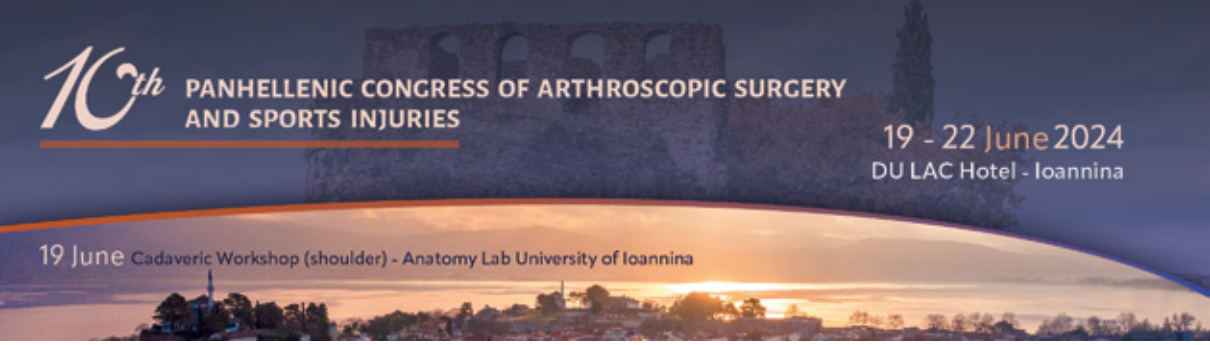
Commercial Exhibition
There will be an Exhibition Hall displaying products and medical equipment of sponsoring companies

Registration

CATEGORIES	COST
Specialists Non Members	300,00€
Specialists Members	250,00€
Residents Non Members	250,00€
Residents Members	200,00€
Physiotherapists	50,00€
Nurses	FREE
Students*	FREE

*Student's ID is Mandatory

Registration fee includes:
- Attendance to all scientific sessions of the Congress
- Visiting the sponsors area
- Accreditation CME
- Certificate of Attendance
- Conference material
- Coffee break, lunch break, opening ceremony



GENERAL INFORMATION

CME/CPD Accreditation

The Hellenic Medical Association will provide Congress participants with 28 CME/CPD credits (Continuing Medical Education/Continuing Professional Development) in accordance with the criteria of EACCMEU/ EMS (European Accreditation Council on Continuing Medical Education).

Information about the conference on the official website of H.A.A. https://www.eae-net.gr

Certificate of Attendance

All participants of the Congress will be granted a Certificate of Participation. In order to receive the Certificate, it is required to attend 60% of the total time of the scientific program, according to the EACCME.

The Certificates of Attendance will be sent by email, after the evaluation form of the conference is first submitted to the Congress Secretariat

Badge

Participants are required to demonstrate their badge in the Conference premises and the commercial exhibition. The badge has a QR code to detect both your entrance and exit from the Congress hall.

Opening Ceremony

The Opening Ceremony will be held on Thursday 20 June 2024 at 20.30. Greetings by official guests will be address to the audience at the beginning of the Opening Ceremony. The Opening Lecture will be given by Emeritus Professor Panagiotis Soukakos.

A welcome reception will take place immediately after the Opening Ceremony.

Awards

Award for best oral presentation

Award for best e-poster



GENERAL INFORMATION

Technical Secretariat for handing in presentations

A Technical Secretariat will operate throughout the Congress. Speakers are kindly requested to hand in their presentation to the Technical Secretariat at least 30 minutes before their scheduled presentation.

Scientific Organizing Body

Hellenic Association of Arthroscopy
Knee Surgery and Sports Injuries
"G. Noulis"

Congress Secretariat

M.K. Premium / Congress & Social Events Solutions
Τηλ.: +357 99812240, +30 2310 226250
Email: info@mk-premium.com, www.mk-premium.com

ADVANCED SURGICAL SOLUTIONS



Διάλυμα Υποχλωριώδους Οξέος και Νατρίου **Granudacyn NPWT Wound Irrigation Solution** του οίκου Mölnlycke, Σουηδίας, για πλύσεις διεγχειρητικά για την μείωση του μικροβιακού φορτίου:

- Είναι μη κυτταροτοξικό και μη ερεθιστικό.
- Δραστικό σε Gram+ και Gram- βακτήρια, μύκητες, και ιούς με ή και χωρίς κάψα. Σύμφωνα με τα EU Standard EN13727, EN 13624, EN 13704, EN 14776 η μέση λογαριθμική μείωση είναι >4 για ιούς, μύκητες και σπόρια και >5 για τα βακτήρια *(in vitro μελέτες)*.
- Δύναται να χρησιμοποιηθεί για την πλύση του περιτόναιου (σε περιτονίτιδες), σε ανοιχτά τραύματα οστών και αρθρώσεων όπως χόνδρους και τένοντες, σε εκτεθειμένους ιστούς του ΚΝΣ, μήνιγγες καθώς και σε κάθε χειρουργικό τραύμα.
- Μπορεί να παραμείνει στο χειρ. τραύμα.
- Είναι κατάλληλο για πλύσεις των οφθαλμών, γεγονός σημαντικό για πάσης φύσης επεμβάσεις στο πρόσωπο.

ARTHROSIS
MEDICAL DEVICES SUPPLIER
www.arthrosis.gr; info@arthrosis.gr

Mölnlycke®

When You Treat Shoulders ...



Knotless Labral Repair

- Knotless SutureTak®, FiberTak®, PushLock®, and SwiveLock® suture anchors are designed for arthroscopic glenohumeral joint instability and SLAP repair



Knotless Rotator Cuff Repair

- Knotless single- and double-row techniques are available



Biceps Tenodesis

- The newest surgical techniques and implants are available for biceps fixation on top of the groove, suprapectoral, or subpectoral



FiberTape® Cerclage

- The FiberTape® cerclage system is a strong, simple, and effective solution for replacing metal cables and wires traditionally used for fracture fixation



Low-Profile AC TightRope®

- Two independent preassembled TightRopes® are designed to be used with a Dog Bone™ button for acute and chronic AC joint repair



Superior Shoulder Capsular Reconstruction (SCR)

- Treat irreparable rotator cuff tears arthroscopically by reconstructing the superior capsular to keep the humeral head reduced



*Internal*Brace™ Ligament Augmentation Repair

- The *Internal*Brace™ ligament augmentation system is used to augment the repair of the native ulnar collateral ligament and anterior AC joint capsule



Univers Revers™

- Univers Revers™ is designed to minimize scapular notching by allowing the choice between an inclination angle of 135° or 155°

COSTAS PAPAELLINAS
GROUP OF COMPANIES | GREECE

... Think Arthrex

arthrex.com

© Arthrex GmbH, 2022. All rights reserved.

Arthrex®

AD32-80026-EN_H